

What is The Freedom Programme?

Stockport Women's Aid works in partnership with Stockport Women's Centre to deliver "The Freedom Programme", which is a programme of awareness raising for women who have experienced or are living with domestic abuse.



What is the Domestic Abuse Drop-in Surgery?

We run a Domestic Abuse Drop-in Surgery for women who wish to access confidential support, information and advice.

What is the Stockport Women's Aid Support Group for Children?



Our weekly support group provides a chance for children aged 5 to 13 to share their feelings and experiences with other children and our Support Workers.

We provide a programme of fun sessions, with creative and therapeutic activities focusing on feelings, anger management, self-esteem, safety planning and families. Transport and refreshments are provided.

This service is run in consultation with an educational psychologist.

Contact Stockport Women's Aid?

You can telephone or text our helpline in strictest confidence on:

0161 477 4271

Mon - Fri - 9 am to 10 pm
Sat - Sun - 10 am to 2 pm

Sometimes we are unable to answer your call. Please leave a message and we will call you back in strictest confidence. You may wish to email from a safe place (e.g. a library) email: stockportwa.refuge@btconnect.com

Remember: if you are in danger or in an emergency always contact the Police on:

999

DON'T SUFFER IN SILENCE

A free interpreting service is available if you need help with this leaflet. Please contact the Ethnic Diversity Service by telephoning **0161 477 9000** or by e-mail: eds.admin@stockport.gov.uk

যদি এই পুস্তিকা/প্রচার পত্রটি সম্পর্কে আপনার কোন সাহায্য দরকার হয় তবে বিনা খরচে আপনার জন্য দোতখীর ব্যবস্থা করা হতে পারে। মেসেজবানী করে স্টকপোর্ট ইস্টারপ্রিটিং ইউনিটে ফোন করুন টেলিফোন নম্বর, 0161 477 9000.

اگر آپ کو اس کتابچے/اطلاعات کے بارے میں مدد کی ضرورت ہے تو مفت ترجمانی کی سروس دستیاب ہے۔ براہ مہربانی انٹرپرائزنگ یونٹ کو 0161 477 9000 پر فون کریں۔

如您需要他人為你解釋這小冊子/單張的內容，我們可提供免費的傳譯服務，請致電 0161 477 9000 史托波特傳譯部。

تتوفر خدمة ترجمة شفوية مجانية إذا تطلبت مساعدة في فهم هذا الكتيب/النشرة. نرجو الاتصال
إنترپرائزنگ یونٹ علی رقم الهاتف: 0161 477 9000

خدمات ترجمہ رایگان این نشریہ/کتابچہ در صورت نیاز موجود میباشد۔ لطفاً با شماره تلفن 0161477
9000 با واحد ترجمہ (اینترپرائزنگ یونٹ) ما تماس بگیرید۔

Stockport Women's Aid is a registered charity: no. 1079291



...safe...warm...

...child friendly...

...supportive...

...welcoming...

Stockport Women's Aid offer support, advice and accommodation for women and children suffering from domestic violence and abuse

What is Domestic Violence?

If you, or someone you know, are being abused, threatened, physically or sexually assaulted by a partner, former partner or a family member, that is domestic violence.

If you, or someone you know are...

- being physically or sexually abused;
- feeling isolated;
- afraid of a partner; or to express your true opinions in front of your partner;
- not allowed to see family and friends by a partner;
- living with jealous and possessive behaviour;
- being humiliated or abused verbally, called names etc.

...we can help you.



Who are Stockport Women's Aid?

Stockport Women's Aid offer support, advice and temporary accommodation to single women and women with children who suffer from domestic violence and abuse.

We can offer the following support to you and your family:

- Purpose built refuge accommodation
- Floating support service to former residents
- Outreach service for women living in the community
- Support for children and young people living in the refuge
- A Children's support group
- A Domestic Abuse 'Drop-in' Surgery
- Access to "The Freedom Programme"

What is Stockport Women's Aid Refuge?

Stockport Women's Aid Refuge offers a warm, safe place for you and your children to stay and will help you to find somewhere permanent to live. Any woman can access the service, whatever your circumstances and if you have children they can continue to attend school.

Our purpose built property has 13 good quality rooms, nine of which are self-contained family rooms with their own toilet, bathroom and kitchen. We also have accommodation for a woman with disabilities.

What is Stockport Women's Aid Floating Support Service?

Stockport Women's Aid Floating Support Service is a resettlement service for women moving from the refuge into their own accommodation. This service provides practical support on issues relating to housing, utilities, social security benefits, healthcare, budgeting, child welfare and education and training.

The service also provides emotional support and advocacy. We also have access to additional support services such as the mental health services, drug and alcohol teams, health visitors, legal advice, counselling and many more.



What is Stockport Women's Aid Outreach Service?

We understand that many women may wish to stay in a relationship. They may feel they cannot 'get out', or do not wish to leave. Others may no longer live in an abusive situation, but would like to access the support of Stockport Women's Aid.

A Stockport Women's Aid Outreach Worker will meet with you in a public place, on the telephone or at a safe private place to talk about re-housing, schools, health, benefits and legal advice, or just for a chat.

What services are provided for children and young people?

Stockport Women's Aid Child Support Workers provide fun play activities for children living in the refuge, day trips and holiday play schemes and help for mums to access local schools and children's services.

Most importantly, we offer children and young people the opportunity for someone to listen to them.

